



healthwatch

West Sussex

Billingshurst Community Centre

Roman Way, Billingshurst

West Sussex. RH149QW

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13th April 2020

To Whom It May Concern,

I Christine Shirley Simmons, of Flat 5, Princes Gate, Worthing DOB 4.1.1969 , do hereby give my consent for Mr Martin John Maguire of 26 Ingleside Crescent, Lancing to act on my behalf in making and pursuing a complaint regarding my cancer diagnosis and other failings in my healthcare to relevant organisations including, but not limited to, Shelley Road Surgery, Sussex Partnership NHS Foundation Trust and the Parliamentary and Health Service Ombudsman. This consent shall continue in the event of my passing. Martin has been my constant friend and companion for the past 16 years and I fully trust him to represent me.

Signed: -

CHRISTINE SIMMONS

Ms Christine Simmons



Chrissy Simmons - 4/1/69 - 7/8/2020 age 51



**Dr Sherief Kamar
(GP) Worthing Medical
Group, Shelley Surgery**

The abuse from Sherief Kamar started about 2008 although I did not know his name then.

RTP
Rest in peace
my beloved
Chrissy Simmons



Chrissy often remarked hating going to the doctor and on the times I asked why she said "he always shouts at me". When asked what about, it was "my weight" which was due to medication. She also reported how he forced her to go to weight watchers and made threats to her, saying if she didn't do this or that she "would never see her son

again". This was Sam, who she gave up for adoption at 1, but always kept in touch by letter. These threats from her doctor upset her very deeply. Vindictive bullying.

On one occasion I was giving blood at Lancing when I got an emergency call from her. She had just left the doctors and was crying and screaming. I rushed to her side. She was in such deep shock she was incoherent. One phrase she said was that "he had a go at me". She would not tell me what that meant. I said "this should not happen, we **MUST** complain about this". She replied **Please don't, it'll only make it worse for me"** So I didn't - and I regret that to this day. She was in a very frightened state and it took the rest of the day to calm her down. Just from going to the doctor (!)

For up to a year I sent Chrissy to her doctor about a worrying mole on her otherwise totally unmarked back but again and again this was dismissed. So I said I needed to come to the doctor with her.

On that Friday afternoon, I met an utterly nasty man. I was polite and respectful, but other than a quick glance at her spot he acted totally indifferent to us, barely speaking at all. It was a nightmarish appointment with a cold and arrogant man. I made a note of his name that day. Kamar.

**Refused to give her a proper medical examination
Refused a second opinion
Refused any referral to the hospital or specialist ("no need")
Refused to remove the offending spot.
Jeered at us, asking "why" we were "sick with worry about it"**

As we left the surgery, shaking and crying, Chrissy said to me

"that's the one who always shouts at me"

Chrissy died in agony ten years later, Friday 7th August 2020.



NHS Abuser





Chrissy Simmons - 4/1/69 - 7/8/2020 age 51

Dr Mohammad Inayat (Psychiatrist) based at Meadowfield Hospital, Worthing



NHS Abuser

RTP

Rest in peace
my beloved
Chrissy Simmons



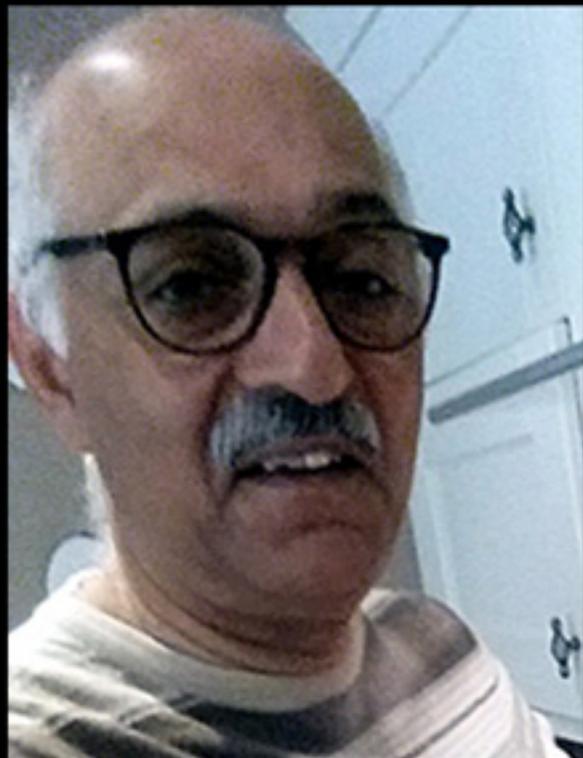
In August 2012, Chrissy had been shouted all that week by Dr Inayat. He was furious that she kept asking why they couldn't find her purse in the safe.

On Friday 24th August I went to see her in Rowan Ward, Meadowfield, Worthing. She was smiling, and happy. Until she asked about the missing purse.

Vicious assault Chrissy was immediately attacked by Mohammad Inayat who shot out of the staffroom, grabbed her right arm and savagely dragged this disabled woman across the ward to a side room and literally threw her into the corner, slamming the door hard with a deafening crash, before launching into furious swearing abuse at this completely defenceless woman while she cowered in absolute terror, amid floods of tears.

I was then summoned into the room and told "Chrissy was not up to visitors" and I "had five minutes to leave". Inayat was in a furious mood and anything I said was met with naked anger. I should have called Police there and then but I was in very severe shock. Despite many complaints Sussex Partnership made sure he got away with it, was not even placed on the record. Not a single member of staff said anything, not even the nurse who was in the room and witnessed it. It was like they were all in fear of his tempers. In September 2018 I saw him in Meadowfield foyer and I politely asked him why he hit Chrissy. He immediately flew into another furious rage and stormed off swearing.

Repeatedly FORCED to face her abuser For the rest of her short and tragic life, as recently as 2018 and 2019, she was FORCED to be treated by this thug. She used to cry in front of me as she was SO afraid of him and I would often go to the female Ward Manager and complain. Was always the same comment from her



"I refuse to discuss 'historic abuse (by Inayat)' - but she will never be left alone in a room with him". So that's 'ok' then??

Samantha Allen, Chief Executive of Sussex Partnership recently went to Google to remove search results of a 1999 Brighton Argus report of him sexually pursuing a patient over seven months and of him being thrown out of the medical profession for 'Gross Medical Conduct'.

Chrissy Simmons - 4/1/69 - 7/8/2020 age 51

Chrissy was a sweet person, a lovely woman who was abused at 5 and 11 and through her life, first husband tried to strangle her, second one raped and beat her each night. She met me Feb 2004 and I was her caring friend and protector for the last 16 years of her life.

I could not stop her being beaten up by Mohammad Inayat or abused and sentenced to die of cancer by **Sherief Kamar**. Only he - and God - knows why he did this, to a timid, mentally disabled woman of limited capacity. She did nothing to deserve this utter horror.

It destroyed her - she died **HORRIBLY IN AGONY** and I was banned for visiting her the last four months due to covid, not even when she was actually dying.

It has completely destroyed me, my health has suffered badly, multiple breakdowns, being done for benefit fraud all caused by my inconsolable grief.

Being arrested by the police, being locked up against my will, being fined thousands and left penniless.

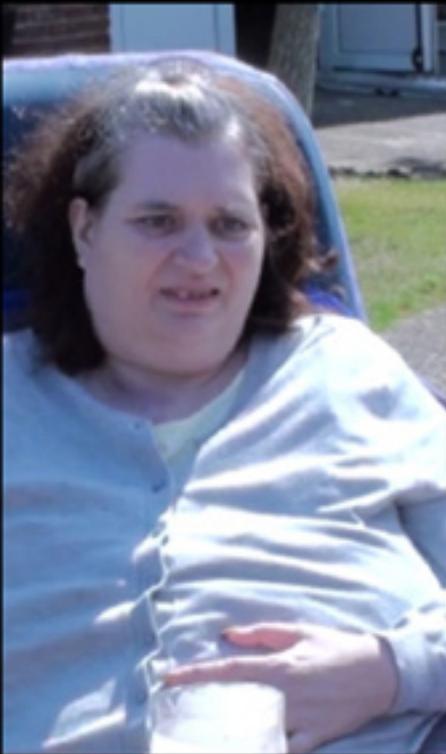
Listed suicidal by my family, my GP, my psychiatrist in Glebelands, The Crisis Team, Sussex Partnership, and by Sussex Police who have visited my home.

This includes 28th June 2020 when YOU sent Police to THREATEN ME, just days after my sister's suicide.

Was it **REALLY** worth it? Putting your career at risk? Playing the big man in authority whose word was law?

Determined not to change your 'judgement'.
Determined not to allow her any medical treatment.

BROKEN, EVERY SINGLE DAY. Because of YOU.



18/7/20 - Dying





Chrissy Simmons - 4/1/69 - 7/8/2020 age 51

<https://www.chrissysimmons.co.uk>

Organisations and people I have informed.

**Worthing Medical Group
Arun Community Mental Health
Sussex Partnership, Chief Executive Samantha Allen
Patient Advice and Liaison Service (PALS)
Sussex Health Watch
General Medical Council (GMC)
The Care Quality Commission
Sussex Police - Chief Exec Sarah Leadbetter
Tim Loughton MP Shoreham & East Worthing
Sir Peter Bottomley MP Worthing**



**Tim Loughton MP
27th November 2021**

Laughed in my face and said

**"I'm not helping YOU.
"Go to the papers,
I don't care"**



**Jeremy Hunt MP – twice washed his hands of her
Nadine Dorries MP
Health & Social Care Committee
Jess Phillips MP Safeguarding
Caroline Lucas MP
Parliamentary Health Service Ombudsman
Worthing Police
Brighton Police
Halifax Building Society
HSBC
Meadowfield Haven Sussex Partnership
Citizen Advice Bureau Worthing
Citizen Advice Bureau Shoreham
Rethink Mental Illness
West Sussex Mind Worthing
West Sussex Mind Southwick
Glebelands Centre Shoreham
Worthing Hospital
St Barnabus Hospice
Time to Talk
Cruse
Samaritians
West Sussex Safeguarding**

8th December 2022

**DWP Crown House, Worthing
Worthing Herald
Worthing Town Hall
Worthing Police (again)**

Martin Maguire
Abused as a child, a vulnerable woman with mental health and limited capacity, regularly sectioned. Even in a mental health unit she was not safe. Brutally attacked by a psychiatrist in my presence (Aug 2012, when you were Health Minister) and then fo... See more

Like Reply 1 y
Author
Jeremy Hunt
Dear Martin I am truly sorry to hear that. Please write to the Dept of Health to ask them to investigate. Although I was Health Secretary I am now just a backbencher and cannot investigate these matters but it is really important to get to the bottom of what happened. I am really sorry for your loss. Jeremy

Like Reply 1 y
Author
Jeremy Hunt
It is a devastating story and I am very sorry for your loss. I am even more worried if you have not had a reply to your complaint. Could I suggest you ask your MP to chase it - and if that is me drop me an email on huntj@parliament.uk



Chrissy gave her son Sam up for adoption at age 1.

She was in utter tears meeting him at age 10 as you can see in the first picture.

Then she met him at 12, and 14

In February 2020 (bottom right) she met her son, age 16, for the last time. He was driven up from Devon to hear that his Mum was dying.



Killed by her heartless doctor.

He was back in September for her funeral. A very sad occasion.



Dear Acute Medical Team,

**Re: Ms Christine Simmons DOB: 04 Jan 1969,
5 Princes Gate, George V Avenue, Worthing BN11 5RW**

Thank you for accepting Christine Simmons for IV antibiotics +/- breast team review and imaging if required. Chrissie is a 51 year old lady with likely cellulitis of her right breast on a background of what we suspect is lymphoedema of the breast secondary to melanoma.

Diagnosis: Metastatic malignant melanoma, diagnosed in 2017, primarily affecting her right neck and subpectoral region with possible peritoneal involvement.

She has radiotherapy resistant disease and was not considered a candidate for systemic treatment so if being managed supportively.

She also has a significant mental health history and is on multiple anti-psychotics as outlined below and mild learning difficulties.

The Melanoma which Kamar REFUSED TO TREAT

Chrissie was originally admitted to SBH on 20th February for symptom control of pain in her shoulder, right arm and right breast, for this we switched her Fentanyl patch to modified release morphine and started pregabalin with effect.

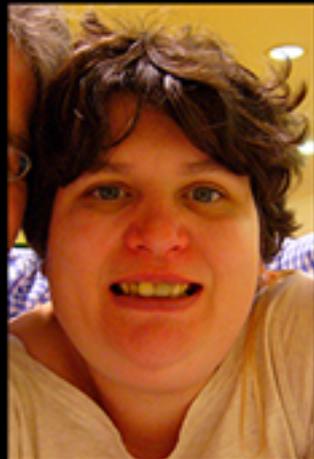
During admission her right breast was noted to be erythematous and warm to touch and she also began spiking temperatures. She is now day 9 oral clindamycin with increasing swelling and ongoing temperature spikes despite some improvement in her CRP.

Chrissie has a past medical history of schizoaffective disorder, personality disorder and depression. As such antibiotic choice remains complicated due to potential interactions with her antipsychotic and antidepressant medications eg. unable to tolerate Doxycycline (due to potential for Lithium toxicity) and Clarithromycin (due to risk of QT prolongation). Chrissie is also penicillin allergic with a resultant rash of unclear severity, possible urticarial from the description.

After discussion with microbiology (on 10/03) it was felt options for further antibiotics would be a cephalosporin (eg cephalexin) or IV Teicoplanin. We are unable to offer either of these in a hospice setting due to potential risk of cross-reaction and inability to give regular IV antibiotics.

Chrissie is likely to be frightened in hospital and her carer or partner may accompany her. She requires medical information explain in chunks using simple language.

She is not imminently dying and we had been planning discharge home for Chrissie. She has a DNACPR in place (this was a medical decision in her best interests as she is not able to recall the incurable nature of her cancer or extent of her disease) but remains appropriate for IV antibiotics.



Chrissy was very loved - but sadly not by certain **NHS**



Liquid Morphine

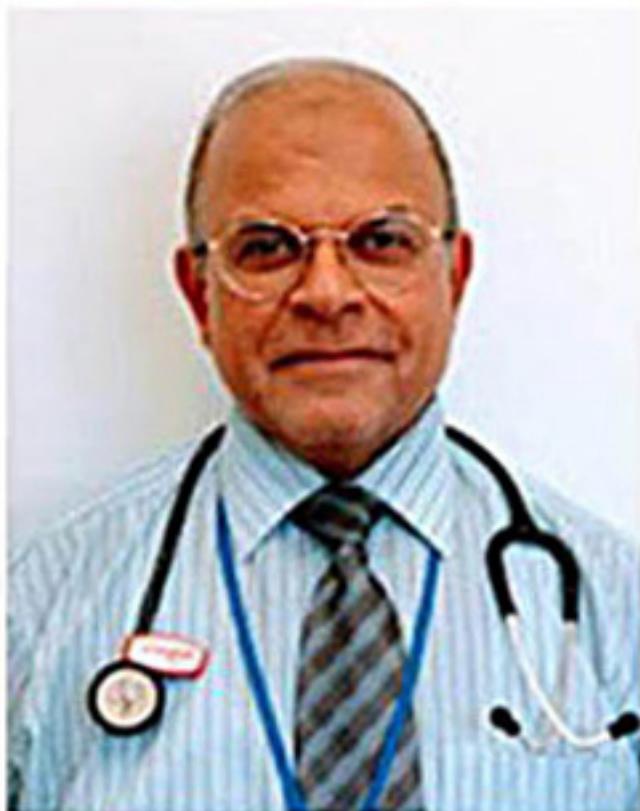
20 days from Death



Worthing Medical Group

putting patients first

Worthing
Medical Group
23 Shelley Road
Worthing
BN11 4BS



Dr Sherief Kamar

01903 234 844

NO medical examination

NO second opinion allowed

NO referral allowed

NO mole removal allowed

Sherief Kamar

GMC Number
3363100

Jeering at me, "why" was I sick with worry

This is the man who in 2010 **REFUSED TO TREAT** my dear friend Chrissy.



NHS
Sussex Partnership
 NHS Foundation Trust



Samantha Allen MBA, CCMI, Cmgr
 Chief Executive, Sussex Partnership NHS Foundation

My dear Chrissy RIP - and all the people who didn't care about her sad, agonising death

Worthing Medical Group
 putting patients first

Meadowfield Hospital

Patient Advice and
 Liaison Service



Arun House

0300 304 0055

Liverpool Gardens, Worthing, West Sussex, BN11 1RY

<http://www.sussexpartnership.nhs.uk/service-early-in>

MPs WHO TURNED THEIR BACK ON 'JUSTICE FOR CHRISSY'



**WOMENS
 CAMPAIGNER**

Jess Phillips MP

Jeremy Hunt MP

Peter Bottomley MP

**WOMENS
 CAMPAIGNER**

Nadine Dorries MP

Tim Loughton MP

Commons Select Committee

Health and
 Social Care Committee



Rt Hon Jeremy Hunt
 MP elected Chair of
 Health and Social Care
 Committee

Commons Committee
 chair results 2020

How will Select
 Committees be re-
 appointed?



Sussex Police

**General
 Medical
 Council**

healthwatch
 in Sussex

BMA

**CareQuality
 Commission**



**Parliamentary
 and Health Service
 Ombudsman**

Chrissy's Page

March 2017

Chrissy was incredibly brave as she faced her death from the cancer which Dr Kamar would not treat at that early stage, 6 or 7 years previously.

She faced the future with fortitude, bravely carrying on. But she knew her time was limited.

Sometimes she would cry about it, other times she did her best to carry on.

Sussex Partnership continued to lock up her up under section. May 2018 to May 2019, mostly blocking all possible contact from me or even her own son.

October 2018

I managed to see her in Meadowfield and she cried several times then. Not due to the cancer but due to being forced to face Psychiatrist and sex pest Dr Mohammad Inayat who had brutally attacked her a few years earlier. She was also robbed of all £260 of her money by staff too.

May 2019

She was now in deep agony of the cancer, moving from that single spot all around her body, her right arm, right underarm, both sides of her neck, her right breast, new lumps appearing every few days.

She cried a lot and screamed with the agony. She said things to me like

"I'm not going to ... pass away am I?"

"I don't want to leave you all behind"

And of course she **KNEW** it was down to Kamar who refused to treat her.

She wanted to "go to the papers" and "to Meridian (TV) News" but time beat her.

She was SO upset. Never seen her so determined, she wanted to spread the word, to tell everyone about Kamar and Shelley Surgery - or 'Shelley Road' as she always called it.

Again and again she said to me "this shouldn't have happened".

STATEMENT OF ABUSE

Martin Maguire

I have been a long time blood donor of 37 years, starting at College Street, Belfast on 4th June 1985. Later a regular Plasmapheresis donor, I was one of the top eight donors in Northern Ireland. Giving blood and saving lives has always extremely important to me and since coming to Lancing in 2001 I have continued doing so. I couldn't save Chrissy's.

On one occasion, I went to Lancing Parish Hall, about 12 years ago. I signed all the paperwork and passed the haemoglobin test for my iron level and I was just waiting to be called to a bed to donate my blood.

Suddenly my mobile rang. It was Chrissie in **SEVERE DISTRESS**. I could not get much sense out of her, she was in such a bad way on the phone. Naturally I walked out of the session without giving blood. This was urgent. I dashed to the seafront and grabbed the first Stagecoach 700 bus to Worthing and rushed to her side.

She was crying like a baby, in pieces, a really terrible state. Took me a good while to find what had happened. She told me she had been to the doctor and "he'd had a right go at me . . . shouting at me about my weight". It was so heartbreaking to see her like this. Like a little girl crying. One of the very few times I ever saw her really cry. Only saw her like that again when she was dying, thanks to the same doctor.

I was shaking, I was very, very angry, and naturally I wanted to go straight round to Shelley Surgery and complain about **this monster**. But with tears in her eyes Chrissy pleaded and begged me not to, just kept saying "**please don't**" and "**it'll only make it worse for me**". She was utterly terrified that day. Terrified of her doctor.... !!!

So because I cared so much about her, I did what she wished. Did not complain. I would do anything in the world rather than upset my sweet darling. I so wish now I had gone and raised hell with this **vile abuser**.

It is a nightmare situation, that a doctor could treat a vulnerable woman in this despicable, disgraceful manner. He is not fit to call himself a doctor.

Martin Maguire

STATEMENT OF ABUSE

Martin Maguire

I am writing this Statement on **in August 2021**. I don't need to refer to any notes. The doctors appointment when I fought for poor Chrissy's life is ingrained in my brain and should I meet you I can repeat this all to you, face to face with no notes.

This is 100% true - as are all my letters and emails.

For a year before this appointment detailed below, I was concerned about a small dark brown mark on the upper right of Chrissy's back. I used to help her with washing and bathing at the time so it was very obvious as her back otherwise was totally clear of any mark, freckle, spot, blemish, you name it. She just had the one single mark.

Following some publicity on local ITV (Meridian) and magazines regarding checking spots for cancer I became very worried about the mark.

I sent her on a Tuesday, specifically to have it checked. It was dismissed.

I was still worried so I sent her back 2 days later - on the Thursday. Again dismissed.

So I sent her again on the following Wednesday. Again dismissed.

Then the week after. Dismissed again.

It just went on like that. Chrissy had a lot of medical issues, such as bladder problems (due I think to all the multiple rapes from her husband) also various pain and mental health problems.

So I determinedly made it a policy each and every time she went to the doctor to make her keep asking about the spot / mark on her back. I always phoned her before (to remind her) and after appointments to ask what did they say. The answer was always, always, always the same ... "Nothing".

So it went on I was getting worried. Very worried. I discussed my worries with her. There seemed to be **only one** option. Make another appointment - and I would come along and go into the consulting room with her, to speak for her. As I kept saying to her at the time "we really need to sort this once and for all".

So the appointment came along. Was on a Friday afternoon. I think it was either 4.30pm or 4.45. Might have been 4.30 and ran late.

We went into the room. Chrissy sat on the left, I was in the middle (facing the desk) and the doctor was on the right.

Me and Chrissy were very nervous but I had to do this for her. Her disability and mental incapacity due to abuse made it very hard for her to face authority. To stand up for herself.

I started by talking about the spot on her back, said she had been to the surgery several times over the past year asking about it. I said we were "very worried about it".

I recall him standing up, walking around behind her and pulling down the top of what she was wearing and having a very quick look, like a cursory glance. He then promptly sat down again. I could not believe how quick that look was.

He barely said any words during the whole appointment, it was so unreal. I did not know what to say so I just continued on about how we "we were sick with worry, kept stressing that. Must have said the phrase at least six times.

His response was the word "why?" (we were sick with worry...)

That totally threw me. Left me in disbelief. Surely every single doctor, nurse or every normal person would patently know "why".....
But here he was asking me "why?".

It was surreal., but in utter disbelief I tried to 'explain' why to the doctor.

Speaking very haltingly, like in a dream, I said "emmm, because .. it could .. be .. cancer..

To this day I still can't believe he forced me to explain that to him. But he did. I swear on God's name. He did. It was a very strange moment.

He muttered a word, might have been no, but whatever, he dismissed this. Not interested.

More silence. I was at my wits end. Could not believe the coldness and lack of communication. Aren't doctors supposed to be caring - or helpful at least???

So I stood up and stood behind Chrissy, pulled her top down at the back to expose the mark, and said "look, it's got all the hallmarks of what they tell you to look out for. The irregular shape. The jagged edge". "Look please".

"PLEASE take this seriously."

"Please give her a proper examination."

But he would not move. It was **AWFUL**.

So I sat down again and did not know what to say next.

So I said "can we have a second opinion... please, we need a second opinion".

I got a muttered response ... "they would say the same as me". That was it. In other words, a no. **Arrogantly not going to allow her right to a second opinion.**

So I then said "please can we get her referred to .. a clinic, the hospital.. a specialist .. someone... please". "We are sick with worry. Please". I was getting desperate now.

He replied with two muttered words... "**no need**".

The atmosphere was utterly horrible. Such coldness.

I thought... what can I ask for then. (What else is left to ask for?)

So I said "please then can we have the spot removed, please, she wants it removed, I want it removed, please".

Again a flat "no" .

There was nothing else I could say, I tried everything. We had no option to leave and get out of that **HORRIBLE** appointment.

We walked out of Shelley Surgery on that Friday afternoon just after 5pm ... in disbelief . . in shock . . was so unreal.

I could not believe what had happened. Why had he had acted so uncaring and cold and nasty - and I guess sarcastic... asking me "why" we were worried about that spot.



I had never met the man before. I was polite and respectful throughout. The appointment was of the utmost seriousness. Chrissy's life was at stake, for God's sake.

But as we walked from Shelley Road Surgery back to her flat in Thorn Road, Chrissy dropped a bombshell.

Chrissy said **"that's the man who always shouts at me"**.

I SO WISH she had told me at the time, but it wasn't possible. She was so timid, she would have been petrified in the presence of' an abuser'.

But I wish she had. I could have started a row there and then, got other doctors involved, demanded that second opinion. Might have saved her life that day.

I just said to her "what else can we do, who can we go to, we've tried so many times - why won't they help". Chrissy was very upset and so was I. And I felt deep anger at this 'thug' of a doctor bullying my sweet Chrissy.

I recall saying to Chrissy "well, at least we've highlighted the spot, brought it to their attention, they know about it now. Hopefully they will keep an eye on it".

I also said "it must be his way of telling us that it's nothing to worry about". It was **The Day Chrissy's Life Could Have Been Saved.**

But he made good and sure that day that her life would end 'soon'.

In utter AGONY. The worst way to die.

Within weeks she had another breakdown and was sectioned. Locked up. Me constantly visiting her - as I did all through those years. But her chance for life was lost.

Martin Maguire

Trying to report these Abusers

Over the past two and a half years I have gone to many people and organisations and been met with utter indifference. Many of these named below have known of my allegations for over two years and are quite happy to allow these Abusers to continue to work in society with vulnerable patients.

Worthing Medical Group
Arun Community Mental Health
Sussex Partnership, Chief Executive Samantha Allen
Patient Advice and Liaison Service (PALS) - Sussex Partnership
Sussex Health Watch
General Medical Council (GMC)
The Care Quality Commission
Sussex Police - Chief Executive Sarah Leadbetter
Tim Loughton MP Shoreham & East Worthing
Sir Peter Bottomley MP Worthing
Jeremy Hunt MP – twice washed his hands of her
Nadine Dorries MP
Health & Social Care Committee
Jess Phillips MP for Domestic Violence and Safeguarding
Caroline Lucas MP
The Parliamentary Health Service Ombudsman
Worthing Police
Brighton Police
Halifax Building Society
HSBC
Meadowfield Haven Sussex Partnership
Citizen Advice Bureau Worthing
Citizen Advice Bureau Shoreham
Rethink Mental Illness
West Sussex Mind Worthing
West Sussex Mind Southwick
Glebelands Mental Health Centre Shoreham
Worthing Hospital
St Barnabus Hospice
Time to Talk
Cruse
Samaritans
My doctor – no interest. Hung the phone up.
My local priest at Lancing Catholic Church

I have tried for two and a half years to get someone to care about what happened to Chrissy. Hundreds of hours of writing letters, it has taken over

my life, I thought with the Metoo movement this would have been easier. Chrissy was victimised and killed as surely as poor Sarah Everard.

Response to my letters and emails.

Sussex Partnership and Chief Executive Samantha Allen didn't care.

Arun Community Mental Health who were very involved with her while alive simply never ever replied to letters or emails I sent.

PALS – zero interest.

Sussex Health Watch – really no interest

GMC – wrote the most outrageous twisted reply, going over the top to completely justify these two thugs actions. Recent calls got short shrift, kept saying matter is closed.

Care Quality Commission – not interested.

Sussex Police – have known about my complaints since June 2020 yet all they did was act **for the doctor who killed, sending two Police Officers to my address on a Sunday morning 28th June to Threaten Me.** I was at prayer for Chrissy and for my sister who **hung** herself in the house just 8 weeks earlier. I had a MASSIVE breakdown and mixed valium with alcohol and sent suicidal emails to two MPS. I could have died that day. Then a few days later the **doctor sent a letter threatening me if I contacted him again.**

Peter Bottomley (Worthing) – weeks went by, then secretary Collette Hanson told me that Peter Bottomley said “walk away”.

Tim Loughton (East Worthing and Shoreham) – no interest at all.

Then I met Loughton (My MP) in Lancing at a street surgery on 4/12/21. I asked him politely “why have you never replied to any of my emails or letters”..

He laughed in my face and said (very aggressively) “I’m not helping you. Go to the papers if you like, I don’t care”. I was livid. Speechless. Covering up abuse!!!

Jeremy Hunt – Health Minister 2012 – 2018. Ignored my letters and emails. In messages through Facebook he showed no interest in helping.

Nadine Dorries (then Minister for Mental Health and Patient Safety) – Letter delivered by Special delivery. No reply.

Health & Social Care Committee – No reply

Jess Phillips MP for Domestic Violence and Safeguarding – go to a solicitor.

**Caroline Lucas MP – must go to your own MP (ie ‘Useless Tim’)
The Parliamentary Health Service Ombudsman – too busy with backlog due to Covid. Would not help at all.**

Mind, CAB etc not interested..... etc, etc, etc



**Abused and beaten by
her Psychiatrist**



Suffering and dying



**GP abused and denied
life saving treatment**

My Honesty

I am a totally honest person, incapable of lying. What I state is the truth. Has not been added to or embellished. Just the whole truth.

I will willing to meet you and state this all in full, names, including the nurse who witnessed the criminal assault. Also all locations and the web link to that psychiatrist being sacked in the 1990s.

You can record me, audio or video, I will swear on oath and in court, that she was ABUSED and MURDERED.

There are much more detailed accounts available and I have all the paperwork and emails of the fight for justice since I began in February 2020. That was when my dear friend entered the hospice to die. I visited every single day, all through lockdown, five hours each day until in mid April 2020 all visiting was banned.

I was not able to visit my darling for the last four months of her life (mid April to 7th August 2020). Not allowed to see her when she was close to death. Only allowed minutes afterwards when I faced repeated demands to pay for her funeral. I organised and read the eulogy for that very sad occasion. She was cremated and buried in the churchyard of my local church where she often worshipped.

I was there when Chrissy was violently attacked in a Worthing Mental Hospital Ward 24th August 2012 by a psychiatrist who had been terrorising her all that week in the background while I was speaking on the phone.

I was there when the same man attacked her and slung her around inhumanly in a place where she as a patient should have been safe from anything remotely stressful – not be attacked by staff. There was a witness, a Nurse Harry in the room. She like all the staff around the facility had nothing to say about the abuse. It appeared that the staff were in FEAR of this violent man with a fearsome temper, or maybe such things are the norm? Chrissy used to often say “you’ve no idea what goes on in here”. That timid, sweet, angelic woman should not have been forced to be in fear of him for the rest of her life. I kept asking for another doctor to treat her but that was refused, only the promise (!) that “she would not be left alone with him”.

I was there when Chrissy was sobbing like a baby after her doctor had ‘finished with her’. After he “had a go” at her. It was utterly horrifying. She would never tell me what he did to her that day (and normally she told me everything ... literally everything!!) . I can only think it was something **REALLY** bad such as something physical, sexual or violent. Only her doctor knows.

I was there when we both pleaded and begged for her life. The arrogance he displayed was palpable. Like someone who decided her treatment, her fate. In hindsight, the only way to explain his nastiness was he was irked at me being there, trying to make him change his decision and he simply used his authority to make damn sure that no change would be authorised. I bet he got a kick out of blocking every single option – ‘show them who’s boss’. People I have spoken to, including those in the medical profession, have suggested it may have been a racist thing. He appeared to have zero respect for a woman who had mental health and had a lifetime history of abuse.

I was Chrissy’s ‘earth angel’, the only man who was good to her, never, ever abused her. My life was ruined by abuse. I understood what it does to a person. I was kind and caring. Her friend, her carer, the only person on her side, who would drop everything to be there for her, including spending lots of time and money to visit her at 8 different mental health facilities (4 in

Worthing, 4 in Chichester) and take on lovely holidays. And have her here every year from Christmas Eve till her Birthday on 4th January. We all loved her. We were the loving family she never had, as her's treated her so awfully, including her father and uncle who abused her as a child. Her first husband tried to strangle her, her second raped and beat her every night, him dying in December 2003, weeks before I met her.

Chrissy was a lovely, sweet person, I always described her to friends as a 'living angel'. She was very affected by the abuse, was like a little girl in a woman's body. We were not lovers but I loved very, very much. She was my soulmate.

While I spent those 16 years being there for her, I feel such deep anger that those two NHS thugs took their anger or prejudice out on her. She did not deserve this.

She was an innocent. She was the love of my life, my focus day to day. Every day from when she was dying.

I have been BROKEN.

In 2010, in that appointment, I did everything right, asked all the right questions but she no chance with a doctor determined to block all options to save her.

I HATE him and what he did.

He ruined her life, my life and my family's life.

completely refused my request to give her a proper examination,

refused her a second opinion

refused her a referral to a hospital or specialist

refused a removal of it

jeered at us about it

No to everything!! All the things which could have saved her from suffering – and DYING.

Literally blocked every single thing that could have saved her life. We begged him to help but he would not. I kept saying we were sick with worry about it. He jeeringly asked "why", forcing me to tell a doctor what it could be (!) before

him dismissing that.

Any one of four things could have saved her

A proper medical examination

A second opinion

A referral to the hospital or specialist

Removal of the spot

All blocked by a doctor
who was also her abuser.

My Life Ruined, on Suicide Watch and Nothing to Live for..

My mental state and life is now on a knife edge, completely due to the Doctor who sentenced her to die.

She died in August 2020. Because of her killing, in November 2020 the DWP sent me £11,600 to do with caring for my friend. My only income was £130 a week ESA. I have been in deep grief since her killing.

July 2022, days after my 65th Birthday the DWP informed me that I was over the £16,000 savings limit because of the money THEY gave me back then and called me a benefit fraudster. I have never broken the law in my life and never committed fraud.

As a result, in July 2022, my only benefit / income has ceased permanently. And I am living in limbo as the DWP prepares to demand benefit back over several years, potentially leaving me with NOTHING.

I live in utter TERROR with every postal delivery.

ALL because of Chrissy was killed by that doctor!!!

I have had years of breakdowns since her death but have gone into overdrive since.

**Went to Halifax bank in Brighton to try and get money.
They kept me waiting 5 hours, gave me nothing
Called Police and I was locked up in a Secure Unit in Worthing**

My only bank account was frozen for almost two months, had to live on handouts from family and friends.

Then four weeks with the Crisis Team.

Christine Shirley Simmons 4/1/1969 – 7/8/2020

The timeline that ended her tragic, abused life, aged just 51.

I met Chrissy in February 2004, just after her violent abusive husband passed in December 2003. She was in a bad state and within months had 15 sessions of ECT. I had suffered multiple violent abuse in my past and became her very caring friend for the next 16 years till her sad passing. I was always there by her side and there for her, but sadly I was unable to stop abuse by NHS staff, leading to her dying in agony on 7/8/2020 age 51.

2008 – 2010 Shelley Surgery – Worthing Medical Group.
Chrissy's doctor – (only later revealed as Dr **Sherief Kamar**):

Bullied and targeted her
fat shamed and forced her to go to Weight Watchers
reduced this timid, abused woman with mental health
to tears, sometimes extremely severely
frequently threatened her that she would never see her adopted
son Sam again unless she 'obeyed him'.
"had a go at her" (her words)

She begged me not to complain to the surgery saying
"Please don't, it'll only make it worse for me".

Many surgery visits over several months. Asking about a spot on
the upper right of her back. Twice a week. Every week or month.
And every time she was there for something else she asked.
Never ever any response.

2010 Approx Shelley Surgery – Worthing Medical Group.
Chrissy's doctor – Dr **Sherief Kamar**:

With myself in attendance with her, this man
COMPLETELY REFUSED ALL treatment for that spot

NO physical examination allowed
NO second opinion allowed
NO referral to a specialist or hospital - " no need"
NO removal of the offending mole allowed
Jeered at us, asking "why" ("we were sick with worry")..
Sent her away completely untreated.

EVERY chance to save her life, heartlessly BLOCKED.
He FORCED us to assume it was harmless.

Her one chance to be saved DENIED BY SHERIEF KAMAR.

- 24/8/2012 Rowan Ward, Meadowfield Mental Hospital, Worthing.
- Chrissy was terrorised for a week by Psychiatrist **Mohammad Inayat**. Then she was physically attacked by him in my presence. She was forcibly dragged by the right arm, thrown into a side room, slamming the door with a deafening bang, and forcing her into a corner. Then swearing and threatening her. Reducing a smiling, happy and mentally totally recovered, vulnerable lady to a sobbing wreck. Brutal thuggery.
- 25/9/2012 A complaint in person elicited a smarmy letter posted from Hove which barely referred to the assault and quoted 'confidentiality' as a way of hiding what action was taken regarding the attacker ('psychiatrist').
- 2010 to 2017 Dr Kamar and his Surgery did absolutely NOTHING to keep an eye on the spot on her back.
- Hardly surprising as it was quite obviously NEVER noted down on her medical records during that 'appointment from hell' with Sherief Kamar, who exuded nastiness, arrogance and determined lack of interest in treating Chrissy no matter how much **she begged for her life** on that Friday afternoon, 4.30pm appointment.
- Jan 2017 FINALLY her surgery agreed to remove the mole which had grown over a years from a tiny spot to a big, black, raised mole like structure. Removed at Southlands Hospital, Shoreham..
- March 2017 Worthing Hospital, told it was cancer. Poor Chrissy nearly collapsed.
- May 2017 Visit to St Georges Hospital, Tooting in a desperate bid to see a specialist. But no hope as her GP and abuser Sherief Kamar completely failed her.
- 2018 Chrissy told to stop taking her mental health medication and admitted to Meadowfield 7th May 2018
- The Ward Manager in Rowan Ward still refusing to discuss what she called "historic abuse" by Dr Inayat, still forcing her to be treated by the same 'man' on various stays through to June 2019.

Coldly stating that he “would never be left alone with her”. Believe it or not, that is what they said. They did not care that she was terrified of meeting her abuser.

Chrissy cried in front of me several times in side wards, saying how absolutely frightened she was of him. Traumatized by his attack. While in hospital she was also robbed of £260 by staff.

7/8/2018 I was informed by email from Sussex Partnership that there was no (longer any) record of any assault on their system. Therefore, it had been covered up.

2020 I informed Samantha Allen, Chief Executive of Sussex Partnership, of a press report in the Brighton Argus relating to the same Mohammad Inayat getting his job back in 1999 after being sacked for ‘gross medical conduct’ for sexually pestering and traumatizing a vulnerable female patient including taking her out for meals and touching her.

He was allowed back to work in 1999 and soon afterwards employed by Sussex Partnership, free to terrorise and assault Chrissy, leaving her traumatized till the end of her life in August 2020. He is still employed there, working with vulnerable patients. I saw him crossing the foyer in September 2018 while I was visiting Chrissy, and when I asked him why he attacked her, he instantly flew into another furious rage. He has severe anger management issues. Maybe that’s why he resorts to extreme violence against defenceless and vulnerable women.

20/2/2020 Poor Chrissy was taken to St Barnabus Hospice in severe pain. I was broken hearted and visited every single day, all through lockdown, for 5 hours a day, then on the phone to her every evening for hours and also writing angry letters and emails to Shelley Surgery, Arun Community Health Team and Samantha Allen at Sussex Partnership. Also Sussex Health Watch and PALS. Mostly IGNORED!!!

20/5/2020 Chrissy was transferred to Drumconnor Care Home to die.

From 15th April 2020 until she passed away on 7th August 2020 I was not allowed to visit her due to Covid.

28/06/2020 Shelley Surgery / Dr Kamar sent Sussex Police to my address to THREATEN ME. I nearly committed suicide 2nd July 2020, mixing

diazepam and alcohol and sent suicide emails to two MPs, Tim Loughton and Peter Bottomley.

Chrissy knew she was dying and blamed Sherief Kamar. She was deeply upset and cried often, talked about “passing away” and “having to leave you all behind”.

She wanted to go on local Meridian TV and to the papers, telling them how her doctor had killed her. But the illness beat her.

07/08/2020 Dear Chrissy passed away RIP just after 4pm on a Friday afternoon. I was not allowed to visit her while she was dying. Only minutes after her passing – to be rudely abused by two nurses, demanding that I nominate an undertaker. No time alone with her was allowed.

8/9/2020 Chrissy’s funeral was held at Holy Family Church, Lancing, where she worshipped. I wrote and read an eight page eulogy about her, read through tears. Only mourners were our family, her son who was driven up from Devon and her carer and friend. Wadzi, her CPN, could not find the time, preferred to get her car serviced instead. In life, she repeatedly failed her and let her down.

2022 I had told Samantha Allen in 2020 that the Argus report could easily be found by googling. Did a search and found it could no longer be found by searching (though I still have the link). But it states that *Some results may have been removed under data protection law in Europe*. In other words – a cover up at the very highest level of Sussex Partnership.

ABUSED by TWO NHS ABUSERS, one causing her to die aged 51.

This timid woman had been abused since age 5 Under the Mental Health Act since age 16, a woman of limited capacity, needed to be accompanied most places and sectioned many times over the 16 years I knew her. But when well, was as normal as you or me.

She was an innocent person, a living angel. She did not deserve this brutality.

She had no defence against heartless abusers.

I will NEVER stop searching for justice. For these people to be questioned, and made to account for their heartless actions.

I loved her very, very much and it has BROKEN me seeing her killed.

To the Management of Worthing Medical Group.

Chrissy was my love and my focus in life 2004 to 2020.
her passing at just 51 has left me utterly devastated,

I have suffered *every single minute* of *every single day* since she was diagnosed in 2017, watching my dear friend die in agony and knowing it just should not have happened. It was completely preventable. A different doctor, or a second opinion, none of this would ever have happened.

I have been left a 'broken man'. TOTALLY broken.

I promised Chrissy I would fight for justice. But not one person or organisation cares – so regarding Kamar, he has got away with it. Just pass it off as 'medical negligence' although it was much more than that.

The **ONLY** way I can get closure is to send you all the info I have gathered – on her birthday.

I did my best for you (Chrissy).....

If it saves someone else, another patient suffering, then it is worth sending.

Martin Maguire 4/1/2023
for Chrissy Simmons RIP 4/1/1969 – 7/8/2020

God is good, God is great. Surely HE must know why this UTTERLY unbelievable situation happened. I will ask HIM in Mass on Wednesday.

Face to face.

The day that Sherief Kamar repeatedly and deliberately refused and blocked every single possible option to save my darling Chrissy was the day my life changed irrevocably.

By doing so, he abused me that day.

I am a decent, caring, gentle, generous, law biding and lovely person. Help anyone, blood donor of 37 years.

Since 2019 all I have done is shake and cry every day, including RIGHT NOW!!!

No doubt this standing up for my late friend by sending this post will increase my stress. But I **have to be true to her memory** and to make sure no other patient suffers.

I am so angry that this man heartlessly did this and put me, a man who had already suffered abuse in my life, into this HORRENDOUS NIGHTMARE SITUATION.

Why?

Why did he do this to her??

Why did he do this to me???

She was such an innocent angel.

The following Photo pages and the sworn statements were handed in to Worthing Police Station on Monday 5th December 2022, to be scanned and added to a 17 page statement which was delivered to the same Police Station in September 2022. I am an honest and truthful person, incapable of lying or of embellishing the truth. I can only state facts and the truth is in every letter I write.

Chrissy died in AGONY on 7th August 2020 in Drumconnor Care Home, Lancing of totally untreated cancer from a single spot – **despite us BEGGING** Sherief Kamar ten years earlier to “**please take the single spot on her back seriously and treat it**”. But as the enclosed sworn statement details, he acted obnoxiously and cruelly BLOCKED every possible action that could have stopped her suffering and dying in extreme **agony** at just 51.

I had never met this man before but as we walked out the door, shaking and crying, I was told by a frightened Chrissy he was “the same one” who had been abusing her, terrifying her, fat shaming her, and issuing threats to her. Despite my politeness and respect and plaintive pleas throughout that Friday afternoon appointment, it appears (in hindsight) that he deemed her totally utterly unworthy of any treatment in his eyes, and he condemned her to die.

Blocking at least four ways she could have been saved. No proper examination, no second opinion, no referral and no removal (all of which I politely requested), I was shocked that day at his coldness, and arrogance, how he barely took part in the appointment, a horrible experience.

I was her friend, her partner, her constant companion, her protector for 16 years, but I very sadly could protect her from abusers in the NHS. For the last four months of her life due to covid, I was not allowed to visit her or be with my love when the end came.

I have been BROKEN ever since. My life has fallen apart and I have been listed for months as suicidal by my Doctor, Psychiatrist, Crisis Team and **Sussex Police who are constantly in touch, often calling around unannounced to check on my welfare..** The same Sussex Police who you sent around on Sunday 28th June 2020 to threaten me. HOW DARE YOU.

To the Staff – I urge you to read the sworn statement, make him read it too. If he tries to deny any or all of it, then your colleague is not being truthful. **You have a duty to investigate abuse – other patients are at risk.**

No doubt this ‘man’ did not bother making any notes about the appointment circa 2010 (or all the many times over many previous months when she specifically asked about the spot). **But that does not mean this did not happen. IT DID. PLEASE DEMAND THE TRUTH.**

Born 4th January 1969 Christine, Shirley Simmons (prev Ball, Peacock).

Abused (terrorised, reduced to tears, fat shamed, threatened) by Sherief Kamar 2008 to 2010 approx. ("Practice makes Perfect" Worthing Herald)

2010 (approx) - Denied all life saving medical treatment, no examination, no second opinion, no referral, no removal of the spot. Because he had been her abuser she had no hope of being saved.

SHERIEF KAMAR HAD NO RIGHT TO ABUSE OR TAKE HER LIFE

I did everything correctly to try and save her, came along to speak for her, asked all the right questions, made the most compelling case for that worrying spot to be acted on. Really campaigned that day.

I was polite and respectful throughout but could not believe the utter coldness, arrogance and nastiness I was presented with. Like an angry man who seemed infuriated that I was there pleading for Chrissy's life.

There was no way he was going to change in any way his 'decision' (and blocking a 'second opinion' – which could have saved her!!!!!!). He had the authority to block all her rights. Say NO to everything.

We all have to die at some time, but it takes breathtaking coldness to
1) target and abuse a timid, vulnerable woman of limited capacity
2) deliberately ensure that Friday afternoon and over the years that followed – that this innocent woman would die of cancer, the most horrible fate. Totally preventable at what was a very early stage.

NO RIGHT TO CALL HIMSELF A DOCTOR.

2012 - Beaten up in Rowan Ward, Meadowfield by Mohammad Inayat in my presence. Forced to be treated by this abuser up to 2019.

2010 to January 2017 – Nothing done by Kamar, spot only grudgingly removed then when it had grown massively in size from a single spot on her unmarked back to a large upraised black boil.

2019 – She was now in severe pain and they tried many radiotherapy sessions in Brighton Sussex Hospital. But it was utterly hopeless.

2020 February – Entered St Barnabus then Drumconnor to die 7/8/2020/

Myself and Chrissy are honest people, utterly incapable of lying or adding or embellishing the truth. Can only speak the truth. Both attending worship at Holy Family Catholic Church in Lancing. All we have said about Kamar abusing and blocking all life saving treatment is honest and truthful.

She entered St Barnabus Hospice, Worthing on 20th February 2020, moved to Drumconnor Care Home 20th May and passed away 7th August 2020.

I had to arrange and pay (£3000) for her funeral and cremation on 8th September 2020, write and read, through tears, a nine page eulogy to the few people gathered, including her son Sam and his adopted parents.

Chrissy's ashes are buried in the Memorial Garden next to Holy Family Church where she worshipped throughout the 16 years I was privileged to know her. I am still trying to get the money together for a memorial stone, but left penniless at present due to all these breakdowns.

I am fully willing to repeat all accounts under oath to solicitors, lawyers, with a clear conscience. It is the truth. For Chrissy. And for those at risk.

This did not need to happen.

Chrissy had the right to be treated as a normal patient. A right to life.

Then this complaint and letters etc would not exist.

My life 'ended' when she died in agony. So unnecessary. So preventable. **It has directly caused me lifelong tinnitus which is utterly miserable.**

When you are reading this on Wednesday 4th January 2023, I will be at Mass trying to remember her life, and not the manner in which she was forced to leave it. And laying some fresh flowers on her grave in the Memorial Garden.

Why in God's name did you do this to my Chrissy.

RIP my dear, sweet Chrissy Simmons xxx